



SPRING GROVE

PRIMARY SCHOOL

Spotlight on SEND

September 2026



**Welcome to our school newsletter
dedicated to SEND news,
information and events.**

Parent Workshops

Hounslow Mental Health Support Team

Online Parent Workshops



SUPPORTING YOUR CHILD WITH FEARS AND WORRIES

The aim of this workshop is to understand how anxiety may present itself during early childhood and how parents can support their children in managing this.

This workshop will help parents to

- Identify common worries and anxieties
- Learn strategies to support children who experience anxiety
- Where possible embed these strategies to prevent anxiety from escalating.

To attend this workshop parents are requested to register using the [Parent registration link](#)

SUPPORTING YOUR CHILD WITH BEHAVIOUR THAT CHALLENGES

The purpose of this workshop is to enhance parents' knowledge of behaviour and its function. Parents will get a better understanding of how to manage behaviour and improve communication.

This workshop will help parents

- Understand the importance of routine, boundaries and expectations
- Build positive relationship with their children by using the strategies they learn from the workshop.

To attend this workshop parents are requested to register using the [Parent registration link](#)

List of upcoming SEND events and Things to Do

SEND Surgeries: Let's talk SEND

The SEND Surgery is coming up on Wednesday 14 October, 10am to 12pm, Hanworth Air Park Leisure Centre & Library (Google Maps).

This is an amazing opportunity for families to get face-to-face advice, information and support from SEND professionals.

www.hounslow.gov.uk/send-local-offer