

### **SPRING GROVE**

**PRIMARY SCHOOL** 

**Spotlight on SEND** 



Welcome to our school newsletter dedicated to SEND news, information and events.

Spotlight on.....

## The Early Bird Plus Programme run by the Hounslow Educational Psychology Service

Are you a family living in Hounslow?

Do you have a child aged 5-10 who has been diagnosed Autistic or on the assessment pathway?

If yes, you are invited to take part in the online, six session programme designed to support families better understand their child's needs.

#### Sessions cover

- Understanding autism including key areas of difference, individual profiles, processing differences and one-page profiles
- Communication including autistic communication styles, supporting communication and using visuals
- Understanding autistic experiences including sensory processing and talking to your child about their autistic identity
- Supporting daily living including the low arousal approach, sleep, eating, toileting/hygiene and dressing
- Health and wellbeing including self-esteem, stress and anxiety and understanding feelings

# List of upcoming SEND events and Things to Do

### SEND surgeries: Let's talk SEND

Hounslow hold monthly SEND drop-in sessions where you can speak to a professional face-to-face for advice, guidance and support.

 Wednesday 15 October, 10am to 12 noon <u>Heston Farm Community</u> Centre

Snakes and Ladders Play Sessions for children with SEND

Dedicated exclusively to children aged 0-12 years with SEND, provide a warm and welcoming atmosphere

 Every Wednesday from 16:15-18:15 during term time

Further details can be found on the Hounslow SEND local offer website

www.hounslow.gov.uk/ send-local-offer

To register your interest, please complete the attached form and email it to <a href="mailto:edpsychs@hounslow.gov.uk">edpsychs@hounslow.gov.uk</a> as soon as possible.

Please include the title Early Bird Plus Information Meeting as the subject of the e mail.

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