



# SPRING GROVE PRIMARY SCHOOL

Newsletter 8

Monday 10th February 2025



*Appreciation Award Winners  
31st January 2025*

## Poetry Performance Competition

The Poetry Performance Competition took place in school this morning. It was a great event with some very talented children performing their poems. Congratulations to them all for learning their poem and performing with such confidence and energy. The winner and runners up will be announced in school next week.

## Year 5 Residential Trip to Sayers Croft

Year 5 are off on their residential trip to Sayers Croft on Monday for the week. We hope that they all enjoy themselves. Thank you to the staff members who are giving up their time to accompany them.

## Parking outside the school gates

There are still a number of families driving onto **Draper Close** and parking their cars on the driveways of residents. One residents drive was blocked last week by a Spring Grove parent. Please be considerate and do not do this.

When walking to school, remember that **Star Road is not pedestrianised** – it is important to make sure that children walk on the pavement and not the road. Driving your car onto Star Road during school drop off and pick up will result in you being issued with a penalty charge by Hounslow Council as it is a School Street and is monitored by cameras.

## Parent Feedback from School Dinner Tasting Session

Thank you to those parents who were able to attend the recent School Dinner Food Tasting session. It was lovely to see so many of you there and we hope that it has helped you understand what the school lunch offer comprises of. We have collated the feedback from the event and share the following with you. All of your comments and thoughts have been passed on to the catering company for their consideration.

We asked...	You responded...
<p>How would you rate the overall experience of the school dinner food tasting session and explain why?</p>	<p><b>Satisfied</b></p> <ul style="list-style-type: none"> <li>⇒ The food was good.</li> <li>⇒ It tastes better than in my school days!</li> <li>⇒ The session was well presented and organised.</li> <li>⇒ Would like to see Polish food being offered.</li> <li>⇒ Would like to have seen better labelling so parents could match the dishes with those that are chosen on Parent Pay.</li> <li>⇒ Grateful for the opportunity; it was informative and well arranged.</li> </ul> <p><b>Very Satisfied</b></p> <ul style="list-style-type: none"> <li>⇒ I believe the children are getting nutritious and varied food.</li> <li>⇒ Food was tasty and nicely laid out. The speech was informative.</li> <li>⇒ My children are particular about their food taste and texture. It was useful to see and taste the food to be able to ascertain whether their assessment of school dinners match their description.</li> </ul>
<p>How would you rate the quality of the food provided during the tasting session? Explain why.</p>	<p><b>Excellent</b></p> <ul style="list-style-type: none"> <li>⇒ Food was good quality and different flavours.</li> <li>⇒ Food was warm and very tasty.</li> <li>⇒ Good variety of dishes with plenty of fruit and vegetables.</li> <li>⇒ Very tasty – enjoyed the session.</li> </ul> <p><b>Good</b></p> <ul style="list-style-type: none"> <li>⇒ Fresh and tasty. Options should increase.</li> <li>⇒ Nice quality, happy with the macaroni cheese.</li> <li>⇒ The taste of all foods was good apart from the macaroni cheese.</li> <li>⇒ Would be good to have soft bread with the meals.</li> <li>⇒ Would have been good to have sampled more of the meals – especially those that my children typically pick such as the fish fingers and veggie fingers.</li> </ul>
<p>Were there any specific dishes that stood out to you?</p>	<ul style="list-style-type: none"> <li>⇒ Chicken pizza was really good and delicious.</li> <li>⇒ Chicken was tasty and perfectly cooked and not dry at all.</li> <li>⇒ Liked the vegetable roll.</li> <li>⇒ Chick pea chilli was good in taste.</li> <li>⇒ Chicken and both pizzas.</li> <li>⇒ The two chicken dishes were very tasty and I will be pleased to continue booking them if they are on the menu during the other school terms.</li> <li>⇒ In the vegetarian option, please try to include more dishes like veg noodles.</li> <li>⇒ Macaroni cheese was nice and warm. Non- veg pizza and new tikka parcels were tasty but cold.</li> <li>⇒ Roast chicken tasted nice.</li> <li>⇒ Really liked the macaroni cheese.</li> <li>⇒ Macaroni cheese was tasteless.</li> </ul>

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## Parent Feedback from School Dinner Tasting Session

continued .....

### We asked... You responded...

Do you have any comments or feedback regarding the food tasting session or school dinners in general?

- ⇒ I'm satisfied with the food taste and the team.
- ⇒ It was awesome. Thank you for the opportunity as a parent to know more about the food provided.
- ⇒ It was a good experience but I question why there are fast food related items on the menu at all. Could this be avoided?
- ⇒ How much of the food is processed and reheated at school?
- ⇒ Very satisfied with school dinners and thanks for the opportunity to taste them.
- ⇒ Would appreciate a summary of how school lunch times work, e.g. timings, rules around finishing mains before eating pudding etc. This would help parents to encourage to eat better at school.
- ⇒ It was useful to be able to speak to the kitchen staff and ask about my child's eating habits at school.
- ⇒ Vegetarian food options are not balanced. Protein input should increase. There are many options available which could be introduced such as falafel and paneer.
- ⇒ Food quality and taste is good.
- ⇒ Please look into portion sizes.

## Hounslow Schools Borough Basketball Competition Champions



On Friday 7<sup>th</sup> February, two teams from Spring Grove Primary School took part in the Hounslow Schools Borough Basketball Competition. Spring Grove B played their very best and enjoyed playing in round robin matches. They had some very close matches.

Spring Grove A managed to win all their round robin matches to reach the quarter final against St. Lawrence where they won 7-0, then played Springwell Primary School in the semi-final, which was a tougher match but their perseverance and resilience fought them through to a 4-0 win hence they had reached the Grand Final!

In the Borough final, they gave a dominant display of teamwork and brilliant individual performances particular from the tournament MVP (Most Valuable Player) Kian and won a convincingly 16-0 against Beavers Primary School.

Spring Grove are extremely proud of all of the pupils who took part. All the training and teamwork practices at the 8am Invasion Club sessions were well worth waking up for!

Congratulations Spring Grove, Best Basketball team in the Hounslow Borough!

# IMPORTANT DATES

## SPRING TERM 2025

<b>Week of 10th February</b>	Year 5 Residential Trip to Sayers Croft
<b>Wednesday, 12th February</b>	Year 6 trip to Tate Britain
<b>Week of 17th February</b>	<b>Half Term</b>
<b>Thursday, 27th February</b>	Prevent Parent Workshop led by Police (covering local issues)
<b>Wednesday, 5th March</b>	Year 3 Trip to Science Museum
<b>Week of 24th March</b>	Book Fair in School
	Spring Parents Evening
<b>Monday 31st March</b>	Showcase Assembly – Guitar, Violin and Street Dance
<b>Friday, 4th April</b>	<b>Last Day of Term - school closes at 1.30pm</b>
<b>Tuesday, 22nd April</b>	<b>First day of Summer Term</b>

UNLOCK YOUR CHILD'S POTENTIAL WITH A  
PERSONALIZED NUTRITION AND OCCUPATIONAL  
THERAPY PLAN

**IS YOUR CHILD A  
FUSSY EATER?**

IF THE ANSWER IS YES, THEN WE CAN HELP YOU...

Is your child a fussy eater, rejecting healthy foods and leaving you concerned about their growth and development? You're not alone, and we're here to help!

Our joint Nutritionist and Occupational Therapist program is designed to not only address your child's selective eating but also ensure they receive the nourishment they need for optimal growth and well-being.

**Our COLLABORATIVE APPROACH includes:**

- Holistic approach
- Tailored Nutrition Plan
- Sensory strategies to support eating
- Long term results
- Check in calls

**CHARAN CHANA**  
OCCUPATIONAL THERAPIST



**NAVNIT BIRDI**  
NUTRITIONIST



Book now and set your child up for success!

**CONTACT US  
TODAY!**

 [charan@superkidstherapist.com](mailto:charan@superkidstherapist.com)

 [Nutritionbynav@gmail.com](mailto:Nutritionbynav@gmail.com)