

# WEEK 1

W/C: 30/10, 20/11, 11/12, 15/01, 05/02, 04/03, 25/03

**AUTUMN/WINTER 2023**

**HOT SPECIALS**

**DESSERT**

**MONDAY**

**TUESDAY**



**WEDNESDAY**




**THURSDAY**

**FRIDAY**

**Cheese & Tomato Pizza**    
Served with Pasta Salad

**Classic Turkey Burger**  (NH)  
Served with Potato Wedges

**Chicken, Vegetable and Mash Pie**  
 (NH)   
served with Gravy




**Lamb Bolognese**  (NH)    
Served with Wholewheat Pasta and Garlic  
and Herb Bread

**Crispy Fish Fingers**  
served with mash



**Potato & Lentil Curry**     
Served with Wholegrain Rice

**Vegetarian Burger**   
Served with Potato Wedges



**Vegetable Pastry Roll**   
Served with Mashed Potato and Gravy

**Vegetarian Bolognese**     
Served with Wholewheat Pasta and Garlic  
and Herb Bread

**Crispy Quorn Nuggets**   
Served with Mash

**Tomato Pasta Fresh**    
homemade tomato and basil sauce with  
penne pasta

**Jacket Potato**    
served with beaked beans

**Tomato Pasta Fresh**    
homemade tomato and basil sauce with  
penne pasta

**Jacket Potato**    
Served with baked beans

**Jacket Potato**   
with Salmon Mayo

All main meals are served with two vegetables

**Chocolate Brownie**

**Crispy Crackle Bar with Fruit** 

**Carrot, Orange and Sultana Slice** 

**Original Flapjack**

**Vanilla Ice Cream**

**AVAILABLE EVERY DAY**

Water, salad, freshly baked bread,  
yoghurt & fresh fruit

 Vegetarian  Oily Fish  Wholegrain

 Fruity!  Nutritionist's Choice  Halal Available

Our menu is subject to change. Please be assured that all notified medical diets and allergy requirements will be safely catered for.

# WEEK 2

W/C: 06/11, 27/11, 18/12, 22/01, 19/02, 11/03

**AUTUMN/WINTER 2023**

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT SPECIALS	<b>Cheese &amp; Tomato Pizza</b>   Served with Pasta Salad	<b>Chicken and Vegetable Tikka Masala</b>  (NH)  Served with Wholegrain Rice	<b>Roast Turkey</b>  (NH)  Served with Roast Potatoes and Gravy	<b>Chicken Sausage Pasta Bake</b>  (NH) Served with Garlic and Herb Bread	<b>Breaded Fish Fingers</b> served with Mash
	<b>Vegetarian Cottage Pie</b>   Served with Gravy	<b>Macaroni Cheese</b> 	<b>Cheesy Leek and Carrot Crumble</b>  Served with Roast Potatoes and Gravy	<b>Vegetarian Lasagne</b>   	<b>Crispy Quorn Nuggets</b> served with Mash
	<b>Tomato Pasta Fresh</b>   homemade tomato and basil sauce with penne pasta	<b>Jacket Potato</b>   served with baked beans	<b>Jacket Potato</b>   served with baked beans	<b>Jacket Potato</b>   served with baked beans	<b>Tomato Pasta Fresh</b>   homemade tomato and basil sauce with penne pasta
<b>All main meals are served with two vegetables</b>					
DESSERT	<b>Apple Crumble with Custard</b> 	<b>Crunchy Chocolate Biscuit</b>	<b>Chocolate and Vanilla Marble Cake</b>	<b>Carrot Cake</b> 	<b>Strawberry Ice Cream</b>

**AVAILABLE EVERY DAY**

Water, salad, freshly baked bread, yoghurt & fresh fruit

 Vegetarian  Oily Fish  Wholegrain

 Fruity!  Nutritionist's Choice  Halal Available

Our menu is subject to change. Please be assured that all notified medical diets and allergy requirements will be safely catered for.



# WEEK 3

W/C: 13/11, 04/12, 01/01, 08/01, 29/01, 26/02, 18/03

**AUTUMN/WINTER 2023**

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT SPECIALS	<b>Cheese &amp; Tomato Pizza</b> Served with Pasta Salad	<b>Lamb Shepherds Pie</b> (NH)	<b>Roast Turkey</b> (NH) Served with Roast Potatoes and Gravy	<b>Chicken and Vegetable Korma</b> (NH) Served with Wholegrain Rice	<b>Southern Fried Chicken</b> served with Chips
	<b>Sweet Potato Curry</b> Served with Wholegrain Rice	<b>Cauliflower Macaroni Cheese</b> Served with Garlic and Herb Bread	<b>Sweet Potato and Chickpea Roast</b> Served with Roast Potatoes and Gravy	<b>Sweet and Sour Vegetables</b> Served with Wholegrain Rice	<b>Crispy Quorn Nuggets</b> Served with Chips
	<b>Tomato Pasta Fresh</b> homemade tomato and basil sauce with penne pasta	<b>Jacket Potato</b> served with Baked Beans	<b>Tomato Pasta Fresh</b> homemade tomato and basil sauce with penne pasta	<b>Jacket Potato</b> served with baked beans	<b>Jacket Potato</b> served with baked beans
<b>All main meals are served with two vegetables</b>					
DESSERT	<b>Magic Apple and Cinnamon Bake</b>	<b>Strawberry Jelly</b>	<b>Banana Cake</b>	<b>Pineapple Upside Down Cake with Custard</b>	<b>Chocolate Ice Cream with Shortbread Biscuit</b>



**AVAILABLE EVERY DAY**  
Water, salad, freshly baked bread, yoghurt & fresh fruit

Vegetarian Oily Fish Wholegrain  
 Fruity! Nutritionist's Choice Halal Available

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