



## Spring Grove Primary School

### Nursery Homework and News

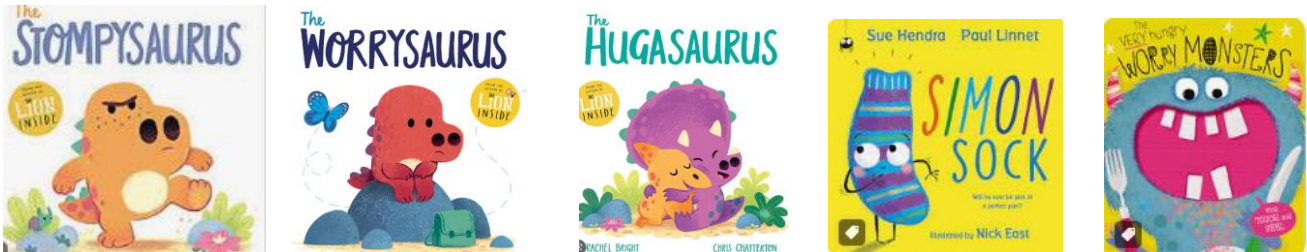
Friday 18<sup>th</sup> November 2022

Dear Parents and Carers,

As you might know, this week is Anti bullying week. Nursery have joined the rest of the school to begin to think about how to be a good friend. we have done lots of talking about our feelings this week. Some of us have learnt some new words and their meanings. We have been talking about being frustrated, angry, sad, happy, cold, hot, worried, excited, scared, poorly and sleepy. Every day during group time we have asked the children how they are feeling and will continue to do this throughout the term and beyond. We have sorted these feelings into those that have a positive impact on us and those that don't. We know that all feelings are ok to feel (positive or negative) and through stories we have emphasised the importance of talking about them. The children know that if they have any worries they should talk to either a school adult or a home adult who will help them with these worries and probably be able to 'take them away' from them with a hug and some talking. We have explored these feelings and thought about what affect these have on our bodies, how can we tell how someone is feeling by looking at them – can we always tell?

Over the weekend, continue to talk to your child about their feelings. Some of the children will need to point to some pictures, if this is the case, please give them the word that describes the worry. For children new to English it will be valuable for you to translate to your home language as well. I have attached the pictures that we have used at school.

We have read some fantastic books that have helped us with our discussions around our feeling this week.



Next week, we will return to our Nursery Rhyme topic with 'I'm a Little Tea Pot'. Aiming to do some number rhymes at the end of the week. Have a lovely weekend.

Yours sincerely,

The Nursery Team

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*The Spring Grove Way: personal and academic excellence, everyone, every day.*

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