



Spring Grove Primary School

Nursery Homework and News

Friday 29th April 2022

Dear Parents and Carers,

It was great to see so many of you on Wednesday evening at our Open House Event. I hope you found it useful to come in to the Nursery, see our displays, look over your children's Learning Journey folder and have the opportunity for your child to show you around their learning space. There was a real 'buzz' of conversation in the room. Thank you to all those that came.

This week, we have started learning all about doctors and nurses and have been thinking about our bodies and body parts- inside and out! Some of us have learnt some new words to identify different parts of our body, for example: the stomach, lungs, brain and heart. We have thought about how to keep ourselves healthy, linking back to the learning that took place during healthy living week, and reminded ourselves of the importance of washing ones hands, catching coughs and sneezes, eating healthy foods and not picking our noses! We have spent some time learning what a bone is and were introduced to the word **skeleton**. We also looked at some x-rays and have recreated our own skeletons using things we could find around Nursery, for example: blocks, dog bone biscuits and sticks.

Next week the children are only in school for three days, so we will continue with our doctors and nurses learning theme. We will develop the children's understanding to be to identify a range of healthy foods as this week we noticed that most of the children thought that only fruit and vegetables were healthy. We will be discussing the importance of a balanced diet and we will learn that eating pasta, yoghurt and cheese are part of a healthy diet. We will also be learning about other healthcare roles, such as paramedics, and discovering what they do. An important healthcare role we will be learning about is the role of a dentist, as they help to keep our mouths healthy, and we will be learning how we can maintain our own oral hygiene.

At home you could support your child's learning by:

- ✓ At dinner time discussing the food choices that you have made whilst they are eating.
- ✓ Take a visit to the park and support them to take part in some physical exercise. As they run, encourage them to notice how their heart is beating. Discuss what other changes in their bodies they notice when they are being active. For example, are they breathing faster or slower? You could also discuss what part of their body they use for breathing.
- ✓ Enjoy listening to 1 or 2 songs together that Dr Ranj on cbeebies (<https://www.bbc.co.uk/cbeebies/shows/get-well-soon>) has produced about different parts of our bodies, roles of doctors and keeping healthy.

We would like to remind you that we are still creating a class celebration book with the children. If your child has celebrated a religious festival or their birthday recently and you would like their celebration to be added to our celebration book then please send some photographs to gratton@springgrove.hounslow.sch.uk and we will work with your child to create their page.

Have a lovely long weekend and we look forward to hearing about all your adventures next week!

Yours sincerely,
The Nursery Team

The Spring Grove Way: personal and academic excellence, everyone, every day.

Headteacher: Mrs Sue Colley

Star Road, Isleworth, Middlesex. TW7 4HB Telephone: 020 8560 0965

Email: office@springgrove.hounslow.sch.uk head@springgrove.hounslow.sch.uk

Website: www.springgroveprimary.london