



## Spring Grove Primary School

# CORONAVIRUS UPDATE

Dear Parents/Carers,

We currently have no suspected cases of the virus. As far as we are aware, pupils who have travelled have not been in Category 1 areas. We are following advice from the NHS and Public Health England. Parents should refer to the info sheet overleaf for information.

It is important that you inform the school if you have recently visited category 1 or 2 countries (see more details below).

### **Information for parents:**

Please visit

[https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment\\_data/file/869250/Coronavirus\\_advice\\_for\\_educational\\_settings\\_poster.pdf](https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/869250/Coronavirus_advice_for_educational_settings_poster.pdf)

### **Advice from Public Health England:**

**Category 1:** Travellers should self-isolate, even if asymptomatic, and call NHS 111 to inform of recent travel. Go home or to your destination and then self-isolate.

**Category 2:** Travellers do not need to undertake any special measures, but if they develop symptoms they should self-isolate and call NHS 111.

### **Category 1 countries/areas:**

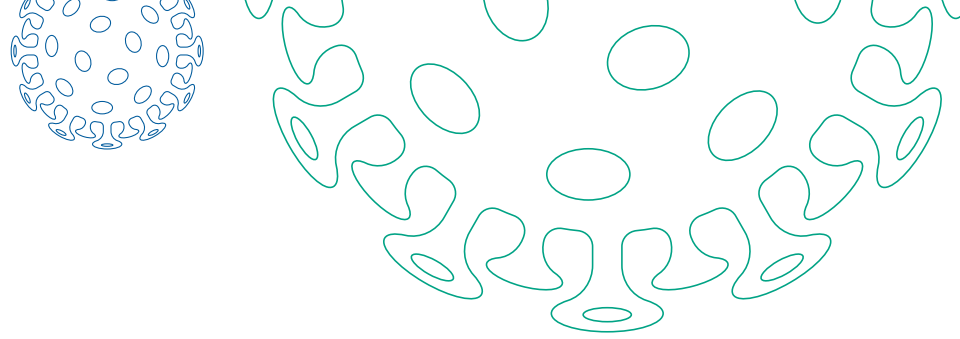
Wuhan city and Hubei Province, Daegu or Cheongdo, Iran or specific regions of Italy.

See link below for specific locations affected.

<https://www.gov.uk/government/publications/covid-19-specified-countries-and-areas/covid-19-specified-countries-and-areas-with-implications-for-returning-travellers-or-visitors-arriving-in-the-uk>

- If you have visited a category 1 country you must self-isolate for 14 days.
- If you have visited a category 2 country and your child is currently well they can continue to attend school; they should self-isolate only if they develop symptoms.

The guidance for Italy, Iran, Daegu or Cheongdo (Republic of Korea), Laos, Myanmar, Cambodia and Vietnam applies to individuals who returned from these specific areas on or after 19 February 2020.



# Advice on the coronavirus for places of education

## How serious is the coronavirus?

- it can cause flu-like symptoms, including fever, cough & difficulty breathing
- the infection is not serious for most people, including children
- there is currently no vaccine
- most people get better with enough rest, water to drink and medicine for pain

## How likely are you to catch the virus?

- you can only catch it if you have been close to a person who has the virus
- the chance of being in contact with the virus is currently low in the UK
- if you have travelled to areas where many people are infected, your chance of catching the virus is higher, i.e. China and any affected areas

## How can you stop coronaviruses spreading?

### If you need to cough or sneeze



Catch it with a tissue



Bin it



Kill it by washing your hands with soap & water or hand sanitiser

### You should wash hands with soap & water or hand sanitiser



After breaks & sport activities



Before cooking & eating



On arrival at any childcare or educational setting



After using the toilet



Before leaving home



Try not to touch your eyes, nose, and mouth with unwashed hands



Do not share items that come into contact with your mouth such as cups & bottles



If unwell do not share items such as bedding, dishes, pencils & towels



Stop germs spreading with our e-Bug resources on hand and respiratory hygiene lesson plans for KS1, 2 and 3: [campaignresources.phe.gov.uk/schools](https://campaignresources.phe.gov.uk/schools)

## What should you do if you feel unwell?

Keep away from others and stay at home to stop the infection spreading. Avoid public transport if you think you have symptoms of coronavirus. If you become unwell at a place of education, tell a member of staff and let them know if you have travelled to any other countries in the last 14 days.

If your staff member or parent thinks you have symptoms of coronavirus, they should call **NHS 111** for advice. Follow the UK Government advice for childcare or educational settings [gov.uk/government/publications/guidance-to-educational-settings-about-covid-19](https://gov.uk/government/publications/guidance-to-educational-settings-about-covid-19). Parents can visit **NHS.UK** to find out more information. Teachers and support staff should follow the UK Government advice.

Staff, students and pupils who have returned from Iran, specific lockdown areas in northern Italy, special care zones in South Korea or Hubei province China (returned in the past 14 days) should self isolate, and NOT attend education or work for 14 days. See **NHS.UK** for advice on coronavirus.

If there is an emergency, call 999 immediately

